

Poetry, It's Fun

We start speaking and singing to our children as soon as we hold them, if not earlier. Did you know that nursery rhymes, Knock, knock jokes, Roses are Red & Violets are Blue and riddles are all related to poetry? There are benefits to reading and singing these to your children. Of course, it should be age appropriate and it will promote pre-literacy skills, remembering, vocabulary, and imagination just to name a few. Start a conversation, make it fun and before you know it your child is thinking and learning more than they realize. Here are a few we might all know; you do one and then ask your child to think of another.

- The itsy-bitsy spider went up the waterspout.
Down came the rain and washed the spider out.
Out came the sun, and dried up all the rain,
and the itsy-bitsy spider went up the spout again

- Rain, rain, go away
Come again another day
Mommy wants to play
Now it's your child's turn



- Knock, knock
Who's there?
I am
I am who?
Don't you even know who you are?!

- Roses are red
Violets are blue
Sugar is sweet
And so are you.



- Roses are red
Violets are blue
You are my sunshine
And I love you.



- **Riddle:** I'm as hard as a rock, but I melt immediately in hot water. What am I?
(**hint:** the rock is made of water)

Answer: An ice cube

- **Riddle:** I can keep lots of food, but I cannot eat anything? What am I?
(**hint:** it's kept in the kitchen)

Answer: A refrigerator.

- **Riddle:** What is it that you can't hold for more than a few seconds?
(**hint:** take a deep breath, think and hold your breath)

Answer: Your breath.

- **Riddle:** I am hard like stone, but I grow on your body. What am I? (**hint:** it's in your mouth)

Answer: A tooth.

